

Public Service Announcement

Emergency Preparedness Week 2016

Start Date: April 29, 2016 End Date: May 7, 2016 Nunavut-wide

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Are you prepared for an emergency? May 1-7 is Emergency Preparedness Week across Canada. This year's theme is *"Plan. Prepare. Be Aware."*

The Government of Nunavut would like to remind you to be prepared so you can stay safe during an emergency in your community or on the land.

At home, you should always have an emergency kit with enough supplies for at least 72 hours. Your emergency kit should include:

- extra water (2 litres per person in your home, per day)
- non-perishable food and a manual can opener
- a wind-up or battery-powered flashlight
- a wind-up or battery-powered radio
- extra batteries
- extra medication
- warm clothes
- cash in small bills and coins

When travelling on the land, always take the following measures to protect yourself in the event of an emergency or equipment failure:

- Always travel with an emergency communications device that is in working order, even on day trips. Sign out a free SPOT device at your hamlet office or HTO.
- Communications devices sometimes fail. Bring a compass and maps, and make sure you know how to use them.
- Always travel with a partner or with a group. Tell family and friends where you are going and when you plan to get there

- Plan a time to notify search and rescue if a family member is overdue.
- Always prepare for 72 hours on the land. Bring extra fuel, food, clothing and camping equipment, even on day trips.

Whether at home or on the land, encourage your friends, family and neighbours to plan, prepare and be aware in case there is an emergency. Test your knowledge with the *Tukisigiaqta* quiz at: <u>http://climatechangenunavut.ca</u> and enter a draw for a prize.

For more emergency preparedness tips and tools, visit <u>www.getprepared.ca</u>. For land and outdoor safety tips, please visit <u>www.northernsar.ca</u>. Visit the <u>Government of</u> <u>Nunavut Facebook page</u> for additional information and planned events for Emergency Preparedness Week 2016.

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